

Bug Bite Protocol

Prevention

- Prevention is the best way to combat bug bites
- Please take proper precautions while outside
- Use OFF or any Mosquito and Tic repellent containing DEET
 - Picaridin and Permethrin containing repellents can also be used

Treatment

- If your child receives a bug bite and you think an intervention is needed you can use the following:
 - Benadryl (Dosing chart below) every 6-8 hours orally

ANTIHISTAMINE 4-6 HOURS		BENEDRYL ALLERGY LIQUID 12.5mg / 5ml	BENEDRYL DYE- FREE ALLERGY LIQUID 12.5mg / 5ml	BENEDRYL ALLERGY CHEWABLES 12.5 mg / tabs
WEIGHT LBS	AGE			
UNDER 3 MOS*		*CONSULT YOUR DOCTOR		
12 - 17	4 - 11 mos*	1/4 tsp	1/4 tsp	
18 - 23	12 - 23 mos	1/2 tsp	1/2 tsp	1/2 tab
24 - 35	2 - 3 yrs	3/4 tsp	3/4 tsp	3/4 tab
36 - 47	4 - 5 yrs	1 tsp	1 tsp	1 tab
48 - 59	6 - 8 yrs	1 1/4 tsp	1 1/4 tsp	1 1/4 tab
60 - 71	9 - 10 yrs	1 1/2 tsp	1 1/2 tsp	1 1/2 tab
72 - 95	11 yrs	1 3/4 tsp	1 3/4 tsp	1 3/4 tab
96 +	12+ yrs	2 tsp	2 tsp	2 tabs

- Topical Hydrocortisone to bite area – which you can buy over the counter
- Motrin if bite area is painful
- Please keep in mind, swelling can occur up to 48-72 hours after the bite occurs and can increase after your child lays down
 - Cool compresses and Ice can be used